

Minutes for SHAC Meeting

February 7, 2018

1:00 pm

Members in attendance: Bridget Brown, Penny Crowley, Ashley Waldrip, Stephanie Clark

Bridget Brown started off the meeting by greeting everyone and welcoming them to the third annual SHAC meeting of the 2017-2018 school year.

Mrs. Brown reviewed the minutes from the previous meeting.

Mrs. Brown reviewed the Local Wellness Plan. Under nutrition promotion strategies we added Jump Rope for Heart for promoting healthy nutrition.

Under the nutrition education strategies, it was discussed to provide a health program for secondary students. All agreed that this is important and a suggestion was made to ask other districts what they do for health education for secondary students.

Under physical activities, Mrs. Waldrip suggested purchasing new backboards and rims for the outdoor basketball court. The four basketball goals by the playground are used by students during the school day as well as community members outside of the school day.

Under the other school-based activities strategies, Mrs. Brown suggested an after school bootcamp for faculty to promote employee wellness.

The committee discussed Dental Hygiene in the month of February and Mrs. Brown is waiting to hear back from Dr. Cauley's office to come out and talk to students.

Sex Education- Mr. Waldrip emailed Taiya Jones to present to all levels and parents (sex ed and online safety) Waiting to hear back.

Scheduled Puberty talks for 4<sup>th</sup> and 5<sup>th</sup> graders (April 13<sup>th</sup> – 18<sup>th</sup> depending on when Kellie Hesse can come speak to girls) Mrs. Brown will talk to Coach Chase about speaking to the boys.

Mrs. Clark is scheduling CPR for seniors to take place in April. The cost went up from \$25 to \$40 per student so we will check with one other person before scheduling.

Next meeting will be Wednesday, June 6, 2018 at 12:00 pm

Meeting adjourned.