

SEPTEMBER 2017

MON

TUE

WED

THUR

FRI

Special Announcements

Good Eats at:

This product was funded by the USDA. This institution is an equal opportunity provider.

GET READY FOR NATIONAL SCHOOL LUNCH WEEK!
OCTOBER 9-13
squaremeals.org/nslw

Breakfast Burrito
Hash Browns
or
Breakfast Round
Yogurt
Fresh Fruit
Juice and Milk

9.4

Labor Day

Sausage Kolache
Yogurt
or
Cereal Variety
Toast
Fresh Fruit
Juice and Milk

4

Cheese Omelet
Toast
or
Cereal Bar
Fresh Fruit
Juice and Milk

5

Waffles
Sausage
or
Muffin
Yogurt
Fresh Fruit
Juice and Milk

6

Breakfast Pizza
or
PBJ Sandwich
Fresh Fruit
Juice and Milk

7

Donuts
Sausage
or
Breakfast Round
Yogurt
Fresh Fruit
Juice and Milk

8

+200



+100



+50



Pancakes
Sausage
or
Muffin
Yogurt
Fresh Fruit
Juice and Milk

11

Breakfast Burrito
Hashbrown
or
Breakfast Strudel
Cheese Stick
Fresh Fruit
Juice and Milk

12

Biscuit
Scrambled Eggs
Bacon
or
Cereal Variety
Fresh Fruit
Juice and Milk

13

Sausage Kolache
Yogurt
or
Breakfast Crackers
Cheese Stick
Fresh Fruit
Juice and Milk

14

Egg and Cheese Sandwich
or
Cereal Variety
Toast
Fresh Fruit
Juice and Milk

15

Waffles
Bacon
or
Cereal Variety
Toast
Fresh Fruit
Juice and Milk

18

Cinnamon Roll
Sausage
or
PBJ Sandwich
Fresh Fruit
Juice and Milk

19

Breakfast Pizza
or
Breakfast Parfait
Fresh Fruit
Juice and Milk

20

Sausage, Egg, and Cheese
Sandwich
or
Cereal Bar
Yogurt
Fresh Fruit
Juice and Milk

21

Biscuit Gravy
Scrambled Eggs
or
Muffin
Yogurt
Fresh Fruit
Juice and Milk

22

Sausage Biscuit
or
Cereal Variety
Toast
Fresh Fruit
Juice and Milk

25

Breakfast Combo
or
Breakfast Strudel
Cheese Stick
Fresh Fruit
Juice and Milk

26

Chicken-n-Waffles
or
Breakfast Parfait
Fresh Fruit
Juice and Milk

27

Stuffed Bagel
Sausage
or
Cereal Bar
Yogurt
Fresh Fruit
Juice and Milk

28

Dutch Waffle
Bacon
or
Muffins
Yogurt
Fresh Fruit
Juice and Milk

29

Fun facts on back!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

