



# OCTOBER 2017

## NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13  
squaremeals.org/nslw

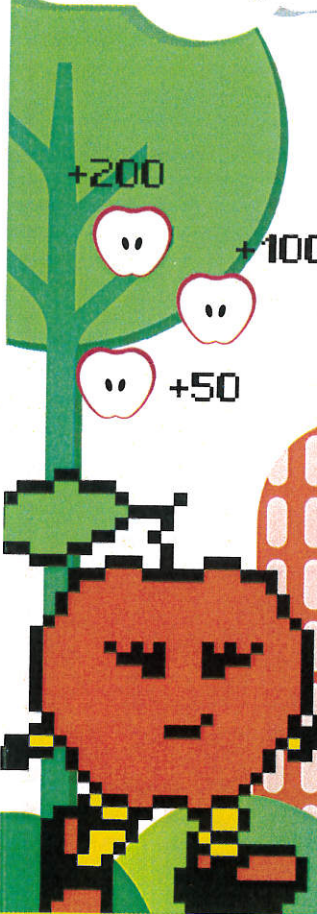
MON	TUE	WED	THUR	FRI
Taquito Queso Spanish Rice (HS) Charro Beans Seasoned Corn, Salsa Fresh Seasonal Fruit Fruit Crisp Animal Crackers (PK) <b>2</b>	Chili Cheese Combo Fresh Veggie Cup Mixed Fruit <b>3</b>	Chicken Nuggets Mac & Cheese Savory Green Beans Garden Salad Apple Slices <b>4</b>	Pizza Seasoned Corn Tiny Tomato Cup Fruity Gelatin <b>5</b>	NO SCHOOL <b>6</b>
NO SCHOOL <b>9</b>	French Bread Pizza Marinara Sauce Garden Salad California Blend Vegetables Fruit Cup Vanilla Pudding <b>10</b>	Texas Chili Cornbread Celery Sticks Carrot Sticks Orange Smiles Brownie Animal Crackers(PK) <b>11</b>	Mexican Combo Plate Spanish Rice (HS ONLY) Mexicali Corn Refried Beans Salsa Lettuce, Tomato Garnish Sliced Peaches <b>12</b>	Popcorn Chicken Roll Broccoli Bites Oven Fries Fresh Seasonal Fruit <b>13</b>
Breaded Drumstick Texas Toast Baby Carrots Seasoned Corn Fresh Grapes Cookie Teddy Grahams (PK) <b>16</b>	Frito Pie Fresh Veggie Cup Charro Beans Salsa Lettuce & Tomato Garnish Apple-Pineapple D'lite <b>17</b>	Ravioli Garden Salad Tuscan Vegetables Roll Pears <b>18</b>	Hot Dog Oven Fries Baby Carrots Orange Smiles <b>19</b>	Pulled Pork Sliders Multigrain Chips (HS) Coleslaw Savory Green Beans Chilled Pineapples <b>20</b>
Oven Roasted Chicken Broccoli Bites Baked Beans Roll Apple-Pineapple D'lite <b>23</b>	Nachos Grande Refried Beans Salsa Lettuce & Tomato Garnish Tiny Tomato Cup Cucumber Slices Peaches Lime Sherbet Cup <b>24</b>	X-treme Burrito Salsa Seasoned Corn Lettuce & Tomato Garnish Fresh Veggie Cup Mandarin Oranges <b>25</b>	Salisbury Steak Brown Gravy Roasted Potatoes Garden Salad Biscuit Fruity Gelatin <b>26</b>	Pizza Baby Carrots Crunchy Broccoli Salad Fresh Seasonal Fruit Brownie Animal Crackers (PK ONLY) <b>27</b>
Meatloaf Mashed Potatoes Okra Rolls Strawberry Cup <b>30</b>	Enchiladas Spanish Rice (HS ONLY) Salsa Zesty Cucumbers Refried Beans Lettuce & Tomato Garnish Rosy Applesauce <b>31</b>			

Good Eats at:

Wellman-Union Lunch Menu

### SPECIAL ANNOUNCEMENTS

- White Milk Served Daily for Pre-K
- White, Chocolate, Strawberry Milk Served daily for Kinder-High School
- Fresh Fruit and Juice served daily for High School Only
- Lunch Menu Subject to Change



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Fun facts on back!